



Statement from VISAA:

VISAA is not offering state championship events for the fall season. However, VISAA recognizes that conferences and schools may make individual decisions to offer interscholastic athletics in the fall as part of their reopening plans.

(No further statement has been made by VISAA regarding winter or spring athletics.)

Statement from TCIS:

The Tidewater Conference of Independent Schools Heads of School and Directors of Athletics recently met to finalize plans for the 2020-21 athletic calendar after multiple discussions this summer. The goal and mission of all eleven schools is to successfully reopen this fall for on-campus academic instruction, while also committing to offering all three athletic seasons this academic year. In lieu of current guidelines, the Governor's recent restrictions, and the guidance of local health officials, the TCIS will begin conference play as outlined below. The TCIS recognizes the value of interscholastic athletics to the social and emotional well-being of our student-athletes and is committed to working together to design a detailed return to play model. We are unified in this message, and support each individual conference school in providing fitness and athletic offerings until we are able to compete again. We will continue to monitor national and local data in order to adjust or alter this calendar in the best interests of our schools. Please help us all to remind our students of healthy habits in order to return to healthy TCIS competition.

- Winter Season- November 18- January 30th; First Competition Date-December 8th
- Fall Season – February 1st- March 27th; First Competition Date- February 16th
- Spring Season- March 29th- May 22nd; First Competition Date- April 13th

Statement from PCHS:

This return to play model that allows all athletes a chance to compete this year. The delayed start to official practices and competitions allows time for all students to transition to all the new guidelines and procedures for the school. Additionally, it allows more time to hopefully see a lessening COVID's impact on our young people. The abbreviated seasons and focus on conference competition will allow our multi sport athletes to compete without overlap between the seasons. Until the start of official practices for winter sports in November, all sports will share our facilities and resources equally. Athletes interested in participating in any sports this year should email the coach directly to keep updated on practice schedules, conditioning, and try out dates. If you have any question, please contact Mr. Jackowski at jackowski@peninsulacatholic.org or at ext. 109. We look forward to seeing all of our athletes compete this year! Go Knights!

August: Minimal Sport Specific Practices and Strength and Conditioning

September and October: Strength Training, Speed and Agility, Sport Specific Skill Building, within current phased guidelines at the discretion of the AD and coaches.