

Please select the camp you would like to attend:

- High Potential Volleyball Camp \$200**
- Boys' Volleyball Camp \$200**
- Soccer Camp \$100** ages 5-12 ages 13-18
- Basketball Camp \$175**
- Baseball Camp \$100**
- Theatre Camp \$125**
- Spanish Camp \$100** ages 4-6 ages 7-8 ages 9-12

Please send completed form and payment to:

Peninsula Catholic High School, 600 Harpersville Road, Newport News, VA 23601. Cash, check, or credit card (online only) payments accepted.

Or register online at

peninsulacatholic.org

Name _____

Address _____

Age _____ Grade Entering (Fall 2019) _____

Current School _____

Primary Position (only for sports camps) _____

Parent/Guardian _____

Phone Number _____

Emergency Phone Number _____

Email _____

Insurance Provider _____

Policy Number _____

Physician contact _____

Peninsula Catholic High School Summer Camp Guide

2019



Peninsula Catholic summer camps are a great way to fill your summer with quality programs, whether in the classroom, the stage, or on the field.

www.peninsulacatholic.org | 757-596-7247
600 Harpersville Rd. Newport News, VA 23601

High Potential Volleyball Camp

July 22-26, 2019

9:00 AM-4:00 PM

PC-Knights' Athletic Center

757-596-7247 Ext. 102

Girls and Boys ages 12-18

\$200 per person

This camp is limited to the first **80** paid registrations.

What to Bring: Shoes (indoor), knee pads, and bag lunch (concessions will be open for drinks)

Staff:

- Tommy Thomas-Varsity Coach-Peninsula Catholic High School-2017, 2018 VISAA State Champions-2018 VISAA Coach of the Year
- College coaches from VA Tech, W &M, VCU, NSU, Hampton U, Bryant & Stratton, Virginia Wesleyan, and Grafton High School

This camp will focus on the skills necessary for elite players at the high school level and beyond. Topics covered will include offensive and defensive skills, timing, visual skills, and advanced tactics.



Spanish Camp

June 24-28, 2019

9:00 AM-12:00 PM

Early drop-off at 8:00 AM

Peninsula Catholic High School

757-596-7247 Ext. 101

PreK through 1st graders (ages 4-6)

2-1 student ratio

2nd and 3rd graders (ages 7-8)

4th and 5th graders (ages 9-11)

4-1 student ratio

\$100 per person. Reduced rate for multiple-student families

The camp can only accept the first **30** paid registrations for each age group.

Staff:

- Nancy Lamb-Peninsula Catholic High School-Veteran Spanish teacher with 27 years experience
- Spanish Honor Society Students-Peninsula Catholic High School
- Adult Volunteers

Students will be participating in authentic language learning experiences ranging from art, recreation, topical-lesson, and a cultural snack. This camp will culminate in a Fiesta Celebration for family and friends on Friday June 28, 2019.



Theatre Camp

July 22-26, 2019

10:00 AM-3:00 PM

Peninsula Catholic High School

757-596-7247 Ext. 101

Boys and Girls ages 9-14

\$125 per person. Reduced rate for multiple-student families

What to Bring: Bag lunch

Staff:

- Beth Wigley-Theatre Director-Peninsula Catholic High School
- Local children's theatre instructor

This camp includes a wide variety of Theatre Games that teach students acting techniques such as pantomime skills and developing the vocal and physical character. Students will be participating in theatre crafts like mask making, creating hats, costumes, and overall fun! This camp will culminate in a mini-production for family and friends on Friday July 26, 2019.



Boys' Volleyball Camp

July 22-26, 2019

6:00 PM-9:00 PM

PC-Knights' Athletic Center

757-596-7247 Ext. 102

Boys ages 12-18

\$200 per person

This camp is limited to the first **80** paid registrations.

What to Bring: Shoes (indoor) and knee pads

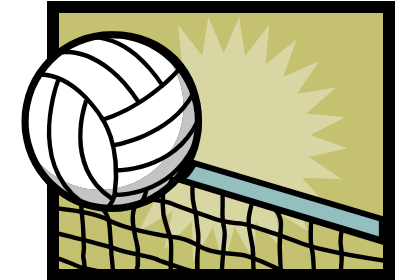
Staff:

- Linda Gomez-Coastal Hampton Roads 16 National Boys' Coach
- Andy Pai-Coastal Hampton Roads 16 National Boys' Assistant Coach
- Head Camp Coach Joe Norton - Division I Men's Volleyball Coach at George Mason University

Captain George Mason Men's Volleyball Team 2011 - 2012

Mason Top Ten All Time in Aces and Kills

This camp will focus on teaching the necessary skills for elite players at the high school level and beyond. Specific topics covered will include offensive and defensive skills, timing, visual skills, and advanced tactics.



Soccer Camp

July 15-19, 2019

PC-Knights' Athletic Center

757-596-7247 Ext. 102

Session One: Boys and Girls ages 5-12

8:00 AM-11:30 AM

Session Two: Boys and Girls ages 13-18

5:30 PM-8:30 PM

\$100 per person

This camp is limited to the first **60** paid registrations.

What to Bring: Shin Guards (required), outdoor and indoor shoes (cleats, tennis shoes), t-shirts (light and dark), water bottle, and sunscreen

Staff:

- Kristen Glauner-Peninsula Catholic Girls' and Boys' Varsity Soccer Coach
- Area high school coaches and college players

Session one: 5-12 years old

This camp develops/strengthens fundamental skills and knowledge of the sport of soccer. Beginners welcome. Activities include a discussion on safe play, conditioning, and all skills from passing to shooting.

Session Two: 13-18 years old

This camp focuses on player safety, injury prevention, conditioning, strength work, and all skills from passing to shooting.



Basketball Camp

July 8-12, 2019

9:00 AM-4:00 PM

PC-Knights' Athletic Center

757-596-7247 Ext. 102

Boys and Girls ages 12-18

\$175 per person

This camp is limited to first **60** paid registrations.

What to Bring: Gym shorts, t-shirts (light & dark), basketball shoes (non-marking athletic shoes), bagged lunch (concession will be open for drinks), and a good attitude!

Staff:

- Candiss Cox-Peninsula Catholic Girls' Varsity Coach
- Trevor Dorsey-Peninsula Catholic Boys' Varsity Coach

This camp focuses on offensive and defensive fundamentals.

Campers will receive individual instruction, learn fundamental skills, and have the opportunity to participate in team drills and scrimmages.



Baseball Camp

July 25-31, 2019

9:00 AM-12:00 PM

PC-Knights' Athletic Center

757-596-7247 Ext. 102

Boys ages 12-18

\$100 per person

This camp is limited to the first **80** paid registrations.

What to Bring: Glove and water bottle

Staff: Robbie Hiser-PC Varsity Coach, Gold Glove Winner

This camp focuses on the fundamentals, recovery, and conditioning.

