



School Health Screening Guidance during COVID

Health Screening and Monitoring During COVID-19 Screening, monitoring and testing are essential components of limiting the spread of COVID-19. An important part of keeping Peninsula Catholic High School safe is actively encouraging sick staff and students to stay home if they are ill and emphasizing to all the importance of knowing the [symptoms of COVID-19](#).

Daily health screens of students and staff for COVID-19 symptoms are a recommendation of the CDC. Therefore, Peninsula Catholic High School will be assessing students, faculty, staff, vendors, parents temperatures and symptoms (or absence of symptoms) each day.

Symptoms of COVID-19 People with these symptoms or combinations of these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever (CDC defines this as 100.4F or greater, or when one feels warm to the touch, or gives a history of feeling feverish)
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

COVID-19 Screening Questions Students, faculty, and staff should assess themselves for symptoms of COVID-19 before reporting to school: **“YES or NO since my last day in the building, have I had any of the following:”**

- A new fever (100.4°F or higher) or a sense of having a fever?
- A new cough that cannot be attributed to another health condition?
- New shortness of breath that cannot be attributed to another health condition?
- New chills that cannot be attributed to another health condition?
- A new sore throat that cannot be attributed to another health condition?
- New muscle aches (myalgia) that cannot be attributed to another health condition or specific activity (such as physical exercise)?

If an individual answers **YES** to any of the screening questions before arriving, they should stay home and not enter the Building.

COVID-19 Screening Questions for faculty, staff, and parents upon arrival prior to temperature check and entering the building:

1. Are you experiencing any of the following symptoms that cannot be attributed to another health condition?
Fever, temperature of 100.4 F or higher (in the past 72 hours)
A new cough
Shortness of Breath
Chills and/pr body shaking
A new sore throat
A change in senses of smell and/or taste
Headache
Muscle or body aches
2. Have you taken medication to lower your temperature in the past 72 hours?
3. Have you been in close contact with anyone in the last 14 days who has been sick with COVID-19?

If an individual answers **YES** to any of the screening questions before arriving, they should stay home and not enter the building. If an individual reports [COVID-19 symptoms](#) upon arrival, the school should activate the emergency protocol for COVID-19.