



# PENINSULA CATHOLIC HIGH SCHOOL

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August 17, 2020

Dear PC Knights,

Greetings from the Athletic Department of Peninsula Catholic High School. As you all know this has been a very different summer for the athletic department as VISAA, TCIS, and PCHS determine how best to move forward with athletics while keeping our athletes as safe as possible, which is our #1 priority. After many weeks of discussion, the TCIS has approved an athletic plan for the 2020-21 school year. This plan currently includes all sports in all three seasons. As with everything in today's environment, this is very fluid and may change at any time. Nonetheless, we have been working to put plans to put in place for athletic competition within the Tidewater Conference.

TCIS has moved the fall season to February to delay the start of competition and give our students the opportunity to acclimate to their new requirements in the classroom. Each season will be five weeks of competition with a TCIS Championship week following the completion of regular season play. The following will be the season schedule dates for this year:

Winter Season - November 18th - January 30th.

Fall Season - February 1st - March 27th.

Spring Season March 29th - May 22nd.

We will begin winter and fall season workouts on September 7th. Winter season teams (Basketball, Swimming, Wrestling and Indoor Track) will have workouts on Monday and Wednesdays. Fall teams (Boys Soccer, Volleyball, Cross Country) workouts will be on Tuesdays and Thursdays. Each team will review sanitation, social distancing and mask wearing procedures prior to their first workout.

All workouts will be scheduled with each team's coaches, with the earliest beginning time of at 3:30. Athletes who have a late workout will be socially distanced in the gym until their workout begins. There are social distancing marking in the bleacher areas. We will be doing temperature checks daily for all staff entering the Knights Athletic Center. At this time, per diocesan policy, non-students and non-staff are not permitted in the school building during practices, conditioning, or workouts.

Each team will have their team parent meeting the first week of practice. Any changes or additional rules will be conveyed at that time. We will have many challenges with transportation and ask each of you to have patience with the staff and coaches as we go through these changes together.

There are a number of outstanding questions that we are still working on. How will swim meets be handled? What will homecoming look like? When will things get back to "normal"? I will do my best to get you these answers as they become available. We will do everything in our ability to have a season for each team so that our athletes will have the ability to compete this year. These seasons will look much different than what you have known in the past, but with your patience and a lot of hard work protecting our student athletes, I am confident we can have a successful year.

If you have any concerns in these areas, please contact me. I will be out of town the week of August 17, but will be back in the office on August 24 in time for the start of the new academic year. I look forward to working with all our athletes and their families in 20-21.

Welcome Back and God Bless,

*John M. Jackowski*

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Director of Athletics

*Our community develops young men and women into spiritually, intellectually, and morally mature citizens, prepared to lead in a global and diverse society, by providing a supportive and disciplined college preparatory environment rooted in the Catholic tradition.*